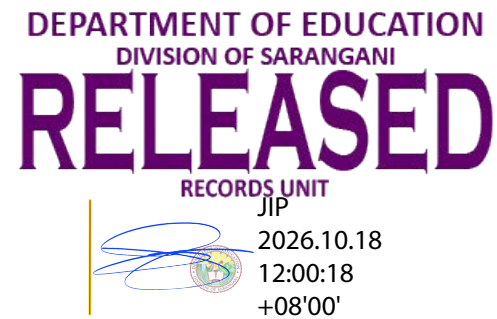




Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION
SCHOOLS DIVISION OF SARANGANI



15 Oct 2026

DIVISION MEMORANDUM

SGOD-2026-288

**DIVISION RE-ECHO TRAINING ON THE UNIVERSAL PREVENTION CURRICULUM
(UPC) 1: INTRODUCTION TO PREVENTION SCIENCE FOR SUBSTANCE USE**

To: Assistant Schools Division Superintendent
Public School District Supervisors Concerned
Public Elementary and Secondary Schools Heads Concerned
School Health Section Personnel Concerned
All Others Concerned

1. In reference to the Regional Memorandum ESSD-2025-197 titled "Simultaneous Conduct of Regional Training on The Universal Prevention Curricula for Substance Use Core Courses", in support of the National Drug Education Program (NDEP) of the Department of Education, Schools Division of Sarangani, the Schools Governance and Operations Division Education Support Services through the School Health Section, will hold the **Division Re-Echo Training on the Prevention Curriculum (UPC) 1: Introduction to Prevention Science for Substance Use on October 16, 2026 at East Asia Royal Hotel, General Santos City.**
2. The activity specifically aims to:
 - a. equip and capacitate the School Non-Teaching Personnel and selected Nurses on the UPC 1 Course;
 - b. update their knowledge on the latest developments in substance-use prevention; and
 - c. strengthen their competence as effective, evidence-based prevention intervention professionals in addressing substance use and abuse.
3. The list of participants and TWG are attached in Enclosure No. 1, and the matrix is attached in Enclosure No. 2.
4. Expenses incurred relative to this activity, including transportation and other incidental expenses, shall be charged against local funds or other available funds, subject to the usual accounting and auditing rules and regulations.
5. For any inquiries or clarifications, please contact Lyn Frances Dominique P. Gumban, MD, Medical officer III, at 0918-227-6157 or Michelle B. Padrigo, RN, Nurse-II, NDEP Coordinator, at 0955-154-2311.





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6. For information and dissemination to all concerned.

Digitally signed by
Frinal Nelyn Botes
Adobe Acrobat version:
2023.008.20470

ATTY. NELYN B. FRINAL, CESO VI
Schools Division Superintendent

Encls: As stated

References: As stated

To be indicated in the perpetual Index:
Under the following subject

HEALTH PROGRAMS

LFDPG/MBP/SGOD-SHNS/ DM - Conduct of Division Re-Echo Training on the Prevention
Curriculum (UPC) 1: Introduction to Prevention Science for Substance Use
0810/October 15, 2026





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ENCLOSURE 1: LIST OF PARTICIPANTS

NO.	NAME	AREA OF ASSIGNMENT
1	Milyn P. Gumban	Alabel 1
2	Mary Wenna D. Ea	Alabel 2
3	Annie D. Balanag	Kiamba-1
4	Maria Luz Saceda	Kiamba 2
5	Suzette B. Lubonting	Maitum 1
6	Nacigenes R. Mateo	Maitum 2
7	Suzette S. Bairoy	Malungon 1
8	Victor Rey V. Gella	Malungon 3
9	Norhanie S. Gilza	Alabel 1
10	Jesus Jomari Paler	Alabel 2
11	Mary Claire Sope	Alabel 3
12	Justine Tagala	Alabel 4
13	Kristine Jayne B. Palma	Glan 1
14	Jieson L. Genilla	Glan 2
15	Jobulando D. Patiri	Glan 3
16	Isadora P. Avenido	Glan 4
17	Charlie Abrea	Kiamba 1
18	Hanna P. Alegre	Kiamba-2
19	Karl C. Rodriguez	Kiamba-3
20	Rowell Layao	Maasim 1
21	Rangelyn L. Samosa	Maasim 2
22	Sean Kristopher Uy	Maasim 3
23	Caesar Ryan Peralta	Maitum 1





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24	Sweetzie B. Sanico	Maitum 2
25	Summer Francis Forteza	Malpatan 1
26	Mary Grace Amora	Malapatan 2
27	Norina Kay Ayunan	Malapatan 3
28	Bernacris T. Bago	Malungon 1
29	Fritz Den Allonera	Malungon 2
30	Wendy N. Eggat	Malungon 3
31	Rachel P. Potorio	Malungon 4

PROGRAM MANAGEMENT TEAM/FACILITATOR/ DOCUMENTER/MONITORING

No.	NAME	POSITION
32	Atty. Nelyn B. Frinal	SDS
33	Gilbert B. Barrera	ASDS
34	Ma. Shirley M. Cardinal	SGOD-CHIEF
35	Grace M. Albaraccin	AO V
36	Ranolyn B. Undray	Accountant III
37	Dr. Lyn Frances Dominique P. Gumban	Medical Officer III
38	Estylinda G. Tudayan	Nurse II/TWG
39	Genevieve Erigbuagas	Nurse II/TWG
40	Indera Rhea S. Fernandez	Nurse-II/TWG
41	John Myle Sibayan	Nurse II/TWG
42	Juville C. Omalza	PDO/Facilitator
43	Arnold Pagaduan	Nurse-II/Facilitator
44	Arnold Tubungbanua	Nurse-II/Facilitator





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45	Venice R. Ahyeng	Nurse-II/Facilitator
46	Michelle B. Padrigo	Nurse-II/Facilitator
47	Araceli J. Dinopol	SEPS-Monitoring and Evaluation





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ENCLOSURE 2: ACTIVITY MATRIX

Time	Activity	Persons Involved / Facilitators
8:00 – 8:30 AM	Registration of Participants	TWG
8:31- 8:40 AM	Preliminaries	AVP
8:41-9:00AM	Welcome Remarks Statement of Purpose Inspirational Message Introduction of Participants	Ma. Shirley M. Cardinal Chief SGOD Dr. Lyn Frances P. Gumban <i>SDO-Sarangani Medical Officer III</i> Estylinda G. Tudayan, RN Division Nurse In-Charge Atty. Nelyn B. Frinal, CESO VI Schools Division Superintendent John Myle Sibayan, RN Nurse-II/JLCNTS
9:01 – 9:50 AM	Module 0: Introduction to the UPC Series for Implementers Module 1: Training Introduction	Michelle B. Padrigo, RN Nurse II/GPNHS/Division NDEP Coordinator
9:51 – 9:59 AM	Health Break	
10:00 – 10:59 AM	Module 2: Epidemiology of Substance Use and the Role of Prevention	Arnold Tubungbanua, RN Division Tobacco Control Program Alternate Coordinator
11:00 – 11:45 AM	Module 3: Prevention Science: Definitions and Principles	Venice R. Ahyeng, RN Division NDEP Alternate Coordinator
11:46 – 12:44 PM	Lunch Break	
12:45-12:49 PM	Physical Fitness Activity	Estylinda G. Tudayan, RN Division Nurse In-Charge





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12:50 – 1:39 PM	Module 4: Introduction to Monitoring and Evaluation	Arnold Tubungbanua, RN Division Tobacco Control Program Alternate Coordinator
1:40 – 2:39 PM	Module 5: Evidence-Based Prevention Interventions and Policies: The United Nations Office on Drugs and Crime International Standards on Drug Use Prevention	Arnold Pagaduan, RN Division Tobacco Control Program Coordinator
2:40 – 3:39 PM	Module 6: The Role of the Substance Use Prevention Coordinators and Prevention Specialist	Juville C. Omalza PDO/Malapatan 1
3:40-4:09 PM	Module 7: Review of Introduction to Prevention Science: Application to Practice	Michelle B. Padrigo, RN Nurse II/GPNHS/Division NDEP Coordinator
4:10-4:25 PM	Evaluation	TWG
4:26 – 4:46 PM	Awarding of Certificates/Closing Program	TWG
4:47-4:52 PM	Closing Remarks	Genevieve Erigbuagas, RN Nurse II/Malungon 2 District
4:53-5:00 PM	Closing Prayer	Indera Rhea S. Fernandez, RN Nurse II/ Glan 3 District

