



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION
SCHOOLS DIVISION OF SARANGANI

03 Sep 2026

DIVISION MEMORANDUM

SGOD-2026-233

CONDUCT OF PSYCHOLOGICAL FIRST AID (PFA) IN RESPONSE TO REGIONAL
MEMORANDUM ESSD 2026-136 ON POST-EARTHQUAKE SCHOOL HEALTH
RESPONSE

To: Assistant Schools Division Superintendent
Public School District Supervisors/Principal In-Charge Concerned
Public Elementary and Secondary School Heads Concerned
All Others Concerned

1. Pursuant to **Regional Memorandum ESSD 2026-136, s. 2026, entitled “Post-Earthquake School Health Response,”** the Schools Division of Sarangani shall implement appropriate school health and psychosocial support interventions at Lun Padidu Central Elementary School from September 7 to 11, 2026. The Psychological First Aid (PFA) activity shall be conducted in two batches, with 100 identified learners per batch, to provide focused and age-appropriate psychosocial support to learners affected by the earthquake.
2. The activity aims to promote a sense of safety, help reduce distress, strengthen learners’ coping and adjustment following the earthquake, and identify those who may require further psychosocial support or referral. Recognizing that disasters and other emergencies may affect children’s emotional well-being and ability to cope, the Division shall provide Psychological First Aid (PFA) to address learners’ immediate psychosocial needs and support their recovery following the earthquake.
3. The activity shall be conducted in partnership with the **Philippine Children’s Ministries Network (PCMN) and Food for the Hungry (FH)**, with support from trained personnel of Lun Padidu Central Elementary School and other identified personnel from the Malapatan 3 District and Alabel District. This collaborative effort aims to provide timely and appropriate psychosocial support to learners affected by the earthquake and strengthen the school’s capacity to respond effectively to their emotional and psychosocial needs. The activity matrix and list of participants are provided in the enclosure.
4. Personnel concerned are enjoined to extend their full support and cooperation in the implementation of the activity. School heads and designated personnel are likewise expected to ensure the proper participation of identified learners and to facilitate appropriate follow-up, referral, and other necessary support for learners who may require further assistance.
5. Travel expenses, meals, and other incidental expenses shall be charged against local funds, subject to the usual accounting and auditing rules and regulations.





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6. For inquiries, please contact Lyn Frances Dominique P. Gumban, M.O. III, at 09182276157 or Jose T. Mancao, School Principal I, at 0951-504-1875.
7. For information, guidance, and appropriate action of all concerned.

ATTY. NELYN B. FRINAL, CESO VI
Schools Division Superintendent

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index
Under the following subjects:

PSYCHOLOGICAL FIRST AID PROGRAM /ACTIVITY

LFDPG/SGOD-SHNS/DM - psychological first aid in response to Regional Memorandum ESSD 2026-136 on post-earthquake school health response
0677/September 7, 2026





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Enclosure

ACTIVITY MATRIX
OPERATION SAFE
POST-EARTHQUAKE SCHOOL HEALTH RESPONSE
September 7-11, 2026

TIME/ EVENTS	FACILITATOR TEAM 1 (Lun Padidu NHS Covered Court)	FACILITATOR TEAM 2 (Lun Padidu Central Elementary Covered Court)
7:30 AM- 9:30 AM		
CAMP MANAGER	1. Jeffry C. Paglinawan 2. Gina S. Lagura	1. Elren Balabat 2. Lourdes P. Lantingan
STORYTELLER TEAM LEADER	Kristine Joy L. Quino	Arlyn B. Casi
HEART TEAM LEADER	Joylyn Ambrocio	Teresa Vilches
SNACKS TEAM LEADER	Zarah D. Morata	Norhaine Edres
CRAFT TEAM LEADER	Jenelyn Sanate	Vivian T. Famindalan
GAME TEAM LEADER	Kiezel Beth Balansag	Loreto P. Lagayan
CREW	Abelardo Alba	Michael Diagbel
9:45 AM-11:45 AM		
CAMP MANAGER	1. Irene E. Macabangin 2. Gina S. Lagura	1. Mary Claire Sope 2. Lourdes P. Lantingan
STORYTELLER TEAM LEADER	Sarah Mae L. Pacatang	Norlayn Baisha T. Kinjiyo
HEART TEAM LEADER	Sainabai Mohammad	Rochelle T. Esperat
SNACKS TEAM LEADER	Hazel C. Lalantacon	Marjorie T. Baran
CRAFT TEAM LEADER	Warda Alon	Cherry Mae Wagas
GAME TEAM LEADER	Christine C. Abaro	Felix M. Abasolo
CREW	Dante G. Calanza	Dorry Dalamban

