



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION
SCHOOLS DIVISION OF SARANGANI

23 Jul 2026

DIVISION MEMORANDUM
SGOD-2026-159

**CONDUCT OF HEIGHT AND WEIGHT MEASUREMENTS AS BASIS OF
NUTRITIONAL STATUS FOR SY 2026-2027.**

To: Assistant School Division Superintendent
Public School District Supervisors
Public Elementary and Secondary School Heads
All School Health Personnels
All others Concerned

1. In line with the implementation of DepEd Memorandum No. 50, s. 2025, entitled Learners' Health Assessment and Screening, all public elementary and secondary schools in the Schools Division of Sarangani are hereby directed to conduct the nutritional assessment of learners and submit the Nutritional Status of Learners Report for School Year 2026–2027.
2. This activity serves as the baseline nutritional assessment of learners and shall be conducted in accordance with the provisions of the said memorandum. Specifically, the following provisions are emphasized.
3. The baseline data shall be taken before the start of feeding, and endline data shall be taken upon program termination.
4. Furthermore, to facilitate the timely conduct of nutritional assessment, schools are encouraged to implement the following activities as provided under DepEd Memorandum No. 50, s. 2025.
 - ❖ During enrollment, request parents, parent-substitutes, or legal guardians to provide their children's recent height (in centimeters) and weight (in kilograms) records certified by the Rural Health Unit (RHU) or any private health personnel;





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- ❖ Coordinate with the Rural Health Unit (RHU) to seek assistance from Barangay Nutrition Scholars (BNS) or Barangay Health Workers (BHW);
 - ❖ Seek partnerships with professional organizations or student interns from allied health courses such as Nutrition and Dietetics, Nursing, and other related fields; and
 - ❖ Conduct height and weight measurements as part of classroom activities in Music, Arts, Physical Education, and Health (MAPEH), Science, and other appropriate learning areas.
5. All schools are directed to submit the accomplished Nutritional Status of Learners Report on or before July 31, 2026, to their respective District Nurses. The Consolidated NS Report will be submitted to the Division NS Focal Person on or before August 14, 2026.
6. The prescribed report template may be downloaded by scanning the QR Code provided below.



7. For inquiries, contact **Lyn Frances Dominique P. Gumban, MD**, Medical Officer III at 09182276157 or **Criselda P. Duatin, RN** at 0953-644-5777.
8. Immediate dissemination of and strict compliance with this Memorandum is directed

RUTH L. ESTACIO PhD, CESO V
Schools Division Superintendent

Encl.: None

Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS

Adriano A. Daligdig/SGOD/MLA – conduct of height and weight measurements
as basis of nutritional status for sy 2026-2027.

0498/July 23, 2026



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