



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION  
SCHOOLS DIVISION OF SARANGANI

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21 Jul 2026

**DIVISION MEMORANDUM**

SGOD-2026-158

**ORIENTATION ON WELFARE BENEFITS AND WELLNESS OF TEACHERS**

To:

Identified Personnel  
All concerned  
This Division

1. Pursuant to the State policy declared under Republic Act No. 4670, otherwise known as the *Magna Carta for Public School Teachers*, which promotes and improves the social and economic status, living and working conditions, terms of employment, and career prospects of public school teachers, and consistent with other pertinent laws and Department of Education issuances on employee welfare, health, and development, the Schools Division Office of Sarangani remains committed to implementing initiatives that promote the holistic well-being of teachers by strengthening their awareness of welfare benefits, health and wellness programs, financial protection, and available support services.
2. In line with this commitment, this Office, through the Human Resource Development Section (HRDS), shall conduct an **Orientation on the Welfare Benefits and Wellness of Teachers**. The activity aims to enhance teachers' awareness and understanding of the various statutory and institutional benefits, wellness initiatives, and support mechanisms available to them, thereby contributing to improved employee well-being, resilience, and productivity. The orientation shall be conducted on **July 24, 2026**, at **Greenleaf Hotel, General Santos City**. The activity matrix and list of participants are provided in the enclosure of this Memorandum.
3. To ensure the uninterrupted delivery of instruction, School Heads shall establish appropriate mechanisms to ensure the continuity of classes handled by the identified teacher-participants during their attendance in the training.
4. Travel expenses, meals, and snacks of participants shall be charged against local funds, subject to the usual accounting, auditing, and budgeting rules and regulations.





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5. For inquiries, contact Ms. Madina P. Loguioman or Rehanee P. Sambuto at [hrd.sarangani@deped.gov.ph](mailto:hrd.sarangani@deped.gov.ph)

**RUTH L. ESTACIO PhD, CESO V**  
Schools Division Superintendent

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index  
under the following subjects:

**ORIENTATION**

Adriano A. Daligdig/SGOD/MLA – orientation on welfare benefits and wellness of teachers  
0490/July 21, 2026



**Address:** Capitol Compound, Maribulan, Alabel, Sarangani Province  
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**ORIENTATION ON WELFARE BENEFITS AND WELLNESS OF TEACHERS**

Activity Matrix  
July 24, 2026

| Time                  | Topic/s                                                                                | Person In-charge                            |
|-----------------------|----------------------------------------------------------------------------------------|---------------------------------------------|
| July 24, 2026         |                                                                                        |                                             |
| 8:00-8:30             | Registration                                                                           |                                             |
| 8:30-9:00             | Phil. National Anthem                                                                  | AVP                                         |
|                       | Prayer                                                                                 | AVP                                         |
|                       | Regional Hymn                                                                          | AVP                                         |
|                       | Sarangani Hymn                                                                         | AVP                                         |
|                       | Presentation of Participants                                                           | Rehanee P. Sambuto, SEPS                    |
|                       | Welcome Message                                                                        | Ma. Shirley M. Cardinal                     |
|                       | Statement of Purpose                                                                   | Atty. Nelyn B. Frinal, CESO VI              |
|                       | Message                                                                                | Ruth L. Estacio, PhD, CESO V                |
| 9:00 AM -<br>10:30 AM | Overview of the DepEd<br>Teachers' Welfare and<br>Wellness Program                     | Roel Balbareno<br>Administrative Officer IV |
| 10:30-10:45           | Health Break                                                                           |                                             |
| 10:45-12:00           | Statutory Benefits and<br>Employee Welfare                                             | Glen Gula,<br>Administrative Officer II     |
| 12:00-1:00            | Lunch Break                                                                            |                                             |
| 1:00-2:30             | Promoting Employee Welfare<br>and Well-being through<br>DepEd Programs and<br>Services | Resource Person/Guest Speaker               |
| 2:30-3:30             | Teacher Support Services                                                               | Resource Person/Guest Speaker               |
| 3:00-3:15             | Health Break                                                                           |                                             |
| 3:15-4:30             | Open forum                                                                             | PMT                                         |
| 4:00-5:00             | Ways Forward                                                                           | Host                                        |
|                       | Online Evaluation                                                                      | <i>Participants</i>                         |



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ORIENTATION ON WELFARE BENEFITS AND WELLNESS OF TEACHERS

**List of Participants**

July 24, 2026

| No. | District | Name of Participants       | Position |
|-----|----------|----------------------------|----------|
| 1   | Alabel 1 | RACHEL CAMASURA            | T-III    |
| 2   | Alabel 1 | JED RIZYL D. CABALLERO     | T-III    |
| 3   | Alabel 1 | SAMUEL J. TRAJE            | T-II     |
| 4   | Alabel 1 | CATHERINE S. LANGAYLANGAY  | T-I      |
| 5   | Alabel 2 | GRACE T. LABUSTRO          | MT-1     |
| 6   | Alabel 2 | MICHAEL PARILLA            | MT-1     |
| 7   | Alabel 2 | MARIA TERESA D. IGLESIA    | T-II     |
| 8   | Alabel 2 | MYLAH M. SADAVAO           | MT-2     |
| 9   | Alabel 3 | ROQUE S. ABARQUEZ          | T - II   |
| 10  | Alabel 3 | PAULO JAMES A. PAGSUGUIRON | T-II     |
| 11  | Alabel 3 | MARICEL O. BADAN           | T-2      |
| 12  | Alabel 3 | MERRY-ANN T. MONDARES      | T-VI     |
| 13  | Alabel 4 | Lorna D.Villamora          |          |
| 14  | Alabel 4 | Marizel L.Letigio          | T-III    |
| 15  | Alabel 4 | Jeanette F. Logroño        | T-IV     |
| 16  | Alabel 4 | Sheila P. Longinos         | T-VI     |
| 17  | Glan 1   | ARLENE P. LANGOMEZ         | T-II     |
| 18  | Glan 1   | HENRY M. AROZ              | T-III    |
| 19  | Glan 1   | JUN EL FRANCE L. MACATE    | T-III    |
| 20  | Glan 1   | JULIE MAR D. DICO          | T-III    |
| 21  | Glan 2   | JESSIE JOHN C. VILLELA     | T5       |
| 22  | Glan 2   | GEMMA R. DAVID             | T3       |



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|    |             |                          |       |
|----|-------------|--------------------------|-------|
| 23 | Glan 2      | REINA C. CASQUEJO        | T3    |
| 24 | Glan 2      | EUSCORA C. ESCANILLA     | T3    |
| 25 | Glan 3      | Cornelio Jr. A. Escudero | MT-1  |
| 26 | Glan 3      | Marlito John Q. Tuble    | T-I   |
| 27 | Glan 3      | Marites S. Abellanosa    | T-III |
| 28 | Glan 3      | Mary Grace U. Sarmiento  | T-III |
| 29 | Glan 4      | DIONELO E BAGUE JR.      | T-III |
| 30 | Glan 4      | WEBB R. GALZOTE          | T-I   |
| 31 | Glan 4      | JOYZENN W. MANANGCA      | T-III |
| 32 | Glan 4      | SHANON ROSE S. LUMAYAS   | T-III |
| 33 | Malapatan 1 | ERWIN P. TANAMOR         | T-II  |
| 34 | Malapatan 1 | RYAN MORAN               | T-II  |
| 35 | Malapatan 1 | JOHN MARK GINO           | T-I   |
| 36 | Malapatan 1 | MARIA EDFELJAN NENGASCA  | T-I   |
| 37 | Malapatan 2 | JENILYN G DESAMPARO      | MT-1  |
| 38 | Malapatan 2 | LOREMER M. AKNABAN       | T-III |
| 39 | Malapatan 2 | RECHEL R. MERICULLO      | T-III |
| 40 | Malapatan 2 | LORIE A. ESPRELA         | MT-1  |
| 41 | Malapatan 3 | LOURDES P. LANTINGAN     | MT-1  |
| 42 | Malapatan 3 | HABIDIN DIOK             | T-III |
| 43 | Malapatan 3 | RUTH HAYYEL FAMINDALAN   | T-III |
| 44 | Malapatan 3 | GENESIS FELONGCO         | T-III |
| 45 | Maasim 1    | FORLIE S. AGATON         | T III |
| 46 | Maasim 1    | ANNA MAE B. FERENAL      | T-VI  |
| 47 | Maasim 1    | CATHERINE S. MACALAM     | T-VI  |
| 48 | Maasim 1    | LEORIM JADE S. ABUNAS    | T-IV  |
| 49 | Maasim 2    | MARIEL G. VILLANUEVA     | T-III |



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|    |          |                             |       |
|----|----------|-----------------------------|-------|
| 50 | Maasim 2 | DANIEL C. SABANAL           | T-III |
| 51 | Maasim 2 | CLARA HISOLER               | T-III |
| 52 | Maasim 2 | JANEATH L. NADERA           |       |
| 53 | Maasim 3 | AIMEE V. ARAGON             | MT 1  |
| 54 | Maasim 3 | ALHADI K. IBRAHIM           | T-III |
| 55 | Maasim 3 | DORINA L. DUMALAGAN         | MT 1  |
| 56 | Maasim 3 | NORA FLOR PROVIDO           | T-III |
| 57 | Kiamba 1 | ANA CRISTY P. MERCADO       | T-III |
| 58 | Kiamba 1 | MARY ANN D. VALDEZ          | MT-1  |
| 59 | Kiamba 1 | MARESTHER S. RAFAEL         | MT-1  |
| 60 | Kiamba 1 | LOLITA B. DOCTOLERO         | MT-1  |
| 61 | Kiamba 2 | CHRISTOPHER B. BATILLER     | T-1   |
| 62 | Kiamba 2 | JONARD M. BRIZ              | T-III |
| 63 | Kiamba 2 | JERIC S. CASTRO             | T-III |
| 64 | Kiamba 2 | EDEN L. AGUELO              | T-1   |
| 65 | Kiamba 3 | CHARIEGIL S. BAYLON         | T-1   |
| 66 | Kiamba 3 | AILEEN I. VALERA            | T-1   |
| 67 | Kiamba 3 | JULIE P. LIBRON             | MT-1  |
| 68 | Kiamba 3 | MAY ANN B. MACALIPAY        | MT1   |
| 69 | Maitum 1 | BERMA B. VALDEZ             | T-III |
| 70 | Maitum 1 | BIENVINIDO B. ALCANTARA JR. | T II  |
| 71 | Maitum 1 | ESTORINA B. TUGADE          | T-III |
| 72 | Maitum 1 | JEAN V. AGUSTIN             | MT-II |
| 73 | Maitum 2 | JOSEPHINE S. ROCAPOR        | MT-1  |
| 74 | Maitum 2 | ALFREDO T. ONDAP JR.        | MT-1  |



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|-----|------------|---------------------------|-------|
| 75  | Maitum 2   | ROSANNA N. OLIVAR         | T-I   |
| 76  | Maitum 2   | EDERLYN D. ABEQUIBEL      | T-III |
| 77  | Malungon 1 | JACKILYN C. TONGCUA       | T-1   |
| 78  | Malungon 1 | JOSHUA DAVE SANDAY        | T-I   |
| 79  | Malungon 1 | FRELYN I. ORNADO          | T-III |
| 80  | Malungon 1 | LADYLYN EGGAT             | T-III |
| 81  | Malungon 2 | Elecita C. Garzon         | T-III |
| 82  | Malungon 2 | Catherine Catuburan       | T-III |
| 83  | Malungon 2 | Melvin Ynion              | MT-1  |
| 84  | Malungon 2 | Edgardo Parnas            | T-III |
| 85  | Malungon 3 | RYAN M. LASIB             | T-III |
| 86  | Malungon 3 | RENIEL S. LIDA            | T-III |
| 87  | Malungon 3 | RUFFA MAE P. BELMONTE     | T-III |
| 88  | Malungon 3 | GENEVIVE V. ESTANDA       | T-III |
| 89  | Malungon 4 | Santiago Q. Villarín      | T-III |
| 90  | Malungon 4 | Randy B. Matugas          | T-III |
| 91  | Malungon 4 | Juliet O. De Luna         | T-III |
| 92  | Malungon 4 | Laura T. Bogador          | T-III |
| 93  | Kiamba 1   | Reynaldo N. Balicaco      | MT-1  |
| 94  | Alabel 1   | Maria Elena D. Villanueva | T-III |
| 95  | Alabel 1   | Aiza Honeylette C. Galope | T-III |
| 96  | Alabel 4   | Janice B. Loriania        | MT-I  |
| 97  | Maitum 1   | Marilou Matulac           | T-III |
| 98  | Glan 3     | Josefina Lara Benemerito  | T3    |
| 99  | Maitum 2   | Josephine Rocapor         | T-I   |
| 100 | Alabel 2   | Grace T. Labustro         | MT-I  |
| 101 | Malungon 1 | Ninfa Humbe               | MT-1  |
| 102 | Glan 4     | Jerlyn Joy Q. Daquigan    | T-III |



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|-----|-----------------|----------------------------------|--------------------------------|
| 103 | Glan 1          | Erwin Tañamor                    | T-III                          |
| 104 | Maasim 1        | Shanon Rose S. Lumayas           | T-III                          |
| 105 | Malapatan 1     | Pepin Panerio                    | T-III                          |
| 106 | Maasim 1        | Lorie A. Esprela                 | T-II                           |
| 107 | Alabel 1        | Ederlyn D. Abequibel             | MT_I                           |
| 108 | Malungon 1      | Ladylyn B. Eggat                 | T-III                          |
| 109 | Glan 2          | Edgar Fareñas                    | T-II                           |
| 110 | Division Office | Ruth L. Estacio, PhD, CESO V     | SDS                            |
| 111 | Division Office | Atty. Nelyn B. Frinal, CESO VI   | ASDS                           |
| 112 | Division Office | Ma. Shirley M. Cardinal          | Chief SGOD                     |
| 113 | Division Office | Donna S. Panes, PhD              | Chief CID                      |
| 114 | Division Office | Rehanee P. Sambuto               | HRDS                           |
| 115 | Division Office | Madina P. Loguiooman             | HRDS                           |
| 116 | Division Office | Aiza Cruz                        | HRDS/PMT                       |
| 117 | Maasim 1        | Ruel Nacion                      | ICT In-charge                  |
| 118 | Alabel 4        | Jemielyn Lariosa                 | PMT                            |
| 119 | Division Office | Araceli J. Dinopol/Jestoni Sales | M&E                            |
| 120 | Division Office | Roel Balbareno                   | Personnel Unit-Resource Person |
| 121 | Division Office | Glen Gula                        | Payroll Unit-Resource Person   |
| 122 |                 | Name                             | Guest 1                        |
| 123 |                 | Name                             | Guest 2                        |
| 124 | Division Office | Clark Jay Parantar               | Master of Ceremony             |



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