



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION
SCHOOLS DIVISION OF SARANGANI

01 Jul 2026

DIVISION MEMORANDUM

SGOD-2026-134

CONDUCT OF DISTRICT-BASED PSYCHOLOGICAL FIRST AID (PFA), MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) FOR TEACHING AND NON-TEACHING PERSONNEL IN MALAPATAN DISTRICT III

To: Assistant Schools Division Superintendent
Chief- School Governance and Operations Division
Public Elementary and Secondary School Heads
Teachers and Non-Teaching Personnel
All Others Concerned

1. In reference to Regional Memorandum ESSD-2026-136 re: Post-Earthquake School Health Response and Division Memorandum No. 070, s. 2026 entitled "Dissemination of Regional Memorandum ESSD-2026-136 re: Post-Earthquake School Health Response," this Office announces the conduct of District-Based Psychological First Aid (PFA), Mental Health and Psychosocial Support Services (MHPSS) for Teaching and Non-Teaching Personnel in schools within Malapatan District III.
2. The activity aims to provide psychosocial support and emotional assistance to learners, teaching personnel, and non-teaching personnel affected by the recent earthquake. Specifically, it seeks to:
 - a. Promote a sense of safety, calmness, and connectedness among school stakeholders.
 - b. Identify individuals who may require further psychosocial intervention and support; and c. Strengthen resilience and coping mechanisms during the post-disaster recovery period.
3. Pursuant to the completion of the Psychological First Aid (PFA) and Mental Health and Psychosocial Support Services (MHPSS) sessions in several schools within Malapatan District III, the following schools are identified for the remaining sessions of the activity:

DATE	PARTICIPATING SCHOOL/S	VENUE	TIME
June 26, 2026	1. Daan Suyan Integrated School	Daan Suyan IS Covered Court	8:00AM





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June 29, 2026	1. Naidas T. Opong ES 2. Gnanda Maguan IPS 3. Laba Maguan IPS 4. Niyas Mental IPS	Lun Padidu NHS Covered Court	8:00AM
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5. The PFA-trained personnel from Malapatan District III and PDO-I from Malapatan CES shall serve as facilitators and resource persons during the conduct of the said activity.
6. All concerned personnel of the above-mentioned school are hereby encouraged to participate in the said activity.
7. Meals and other incidental expenses relative to the conduct of the activity shall be charged against available school or local funds, subject to existing government accounting and auditing rules and regulations.
8. For inquiries, contact Susana S. Sumagka, EdD, District Principal In-Charge, or Rochelle T. Esperat, Malapatan 3 District Nurse, at 0917-204-0203.
9. Immediate dissemination of this Memorandum and compliance with it are desired.
10. For information and guidance.

RUTH L. ESTACIO PhD, CESO V
Schools Division Superintendent

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS

Adriano A. Daligdig/SGOD/MLA – conduct of district-based psychological first aid (pfa), mental health and psychosocial support services (mhpss) for teaching and non-teaching personnel in malapatan district iii

0444/July 1, 2026



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Enclosure 1:

LIST OF PFA-TRAINED PERSONNEL/PROVIDER/FACILITATOR

Name	Position
1. Analee A. Catalan	HT-I
2. Juvill C. Omalza	PDO-I
3. Rochelle T. Esperat	Nurse I
4. Langkahura B. Kamid	T-V
5. Marlon C. Dagsan	MT-1
6. Sittie-Rauda N. Palao	T-V
7. Jayson S. Dala	T-II
8. Devissa B. Gadiaale	T-I
9. Felipa S. San	T-I

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Enclosure 2: ACTIVITY MATRIX

CONDUCT OF DISTRICT-BASED PSYCHOLOGICAL FIRST AID (PFA), MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) FOR TEACHING AND NON-TEACHING PERSONNEL IN MALAPATAN DISTRICT III

Time	Activity	Persons Involved
8:00 AM – 8:30 AM	Opening Program • Invocation • National Anthem	AVP
8:31 AM – 8:50 AM	Welcome Remarks Statement of Purpose	School Head Facilitator
8:51 AM – 9:30 AM	Overview of Psychological First Aid and Resilience	Facilitator
9:31 AM – 10:00 AM	Deep Breathing and Grounding Exercises	Facilitator
10:01 AM – 11:00 AM	Breakout Session	Facilitator
11:01 AM – 11:40 AM	Hope, Healing, and Resilience	Facilitator
11:41AM-12:00PM	Closing Program • Closing Message • Closing Prayer	Facilitator

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