



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION  
SCHOOLS DIVISION OF SARANGANI

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14 Jul 2025

**DIVISION MEMORANDUM**

No. **107** , s. 2025

DISSEMINATION OF REGIONAL MEMORANDUM ESSD-2025-135  
(2025 NUTRITION MONTH CELEBRATION)

To: Assistant Schools Division Superintendent  
Public Schools District Supervisors  
Public Elementary and Secondary School Heads  
All Others Concerned

1. For the information and guidance of all concerned, enclosed is a copy of the Regional Memorandum ESSD-2025-135 dated 20 June 2025, titled **2025 NUTRITION MONTH CELEBRATION**.
2. For inquiries, contact Dr. Lyn Frances Dominique P. Gumban at 099182276157.
3. Immediate dissemination of this memorandum is desired.

**RUTH L. ESTACIO PhD, CESO V**  
Schools Division Superintendent

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index  
under the following subjects:

COMMUNICATIONS  
CORRESPONDENCE

AAD/SGOD/DM – dissemination of regional memorandum essd-2025-135 (2025 nutrition month celebration)  
0611/July 14, 2025



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20 Jun 2025

REGIONAL MEMORANDUM  
ESSD-2025-135

**2025 NUTRITION MONTH CELEBRATION**

To: Schools Division Superintendents

1. In support of the government's commitment to address hunger and malnutrition, the Department of Education (DepEd) calls on all learners, teaching and non-teaching personnel, school officials, parents, and stakeholders to actively participate in the 2025 Nutrition Month Celebration. This is pursuant to Section 7 of Presidential Decree No. 491, known as the Nutrition Act of the Philippines, which mandates the **observance of Nutrition Month every July** to create greater awareness on the importance of good nutrition.
2. The annual celebration is led by the National Nutrition Council (NNC), the country's highest policymaking and coordinating body on nutrition. In coordination with national and local stakeholders, the celebration mobilizes multi-sectoral actions in addressing malnutrition, promoting food and nutrition security, and building healthier communities.
3. The 2025 Nutrition Month theme, **"Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat with the subtheme, "Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!"** emphasizes that food and nutrition security is not a privilege but a fundamental human right enshrined in the Philippine Constitution and supported by global commitments. The theme highlights the need for sustained, inclusive, and collaborative efforts to ensure access to nutritious, affordable, and safe food for all Filipinos.
4. The campaign aims to:
  - a. Raise awareness on the vital role of nutrition in reducing all forms of malnutrition and hunger;
  - b. Reinforce the call for healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028 and the Philippine Development Plan (PDP) 2023-2028;
  - c. Promote inclusive, sustainable, and climate-resilient food systems;
  - d. Mobilize multi-sectoral support among agencies, LGUs, NGOs, civil society, private sector, and communities.
5. For this year's Nutrition Month campaign, the use of the 'SAPAT' strategy is encouraged to reach a broader audience, as follows:
  - **S** - Strengthen food policies;
  - **A** - Amplify public awareness;
  - **P** - Promote sustainable food systems;
  - **A** - Activate partnerships without conflicts of interest; and
  - **T** - Transform food systems.



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6. The celebration shall align with the Department's ongoing efforts to promote learner health, food and nutrition security, and sustainable school environments. Activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.

7. All DepEd offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized activities that align with the objectives and strategies outlined above. Schools are also encouraged to leverage online and other media platforms, including but not limited to the following activities:

- a. Launching Nutrition Month through ceremonies and flag-raising programs featuring the official theme;
- b. Conducting nutrition education sessions, forums, and webinars on healthy diets and food security;
- c. Holding poster-making, slogan-writing, and essay-writing contests.
- d. Activities that highlight school gardening initiatives under the Gulayan sa Paaralan Program (GPP);
- e. Organizing "Buy Local" weeks to promote climate-resilient, locally sourced food;
- f. Hosting cooking demonstrations that emphasize food safety, nutrition, and affordability;
- g. Launching social media campaigns to highlight local nutrition initiatives;
- h. Holding webinars on climate-smart agriculture in partnership with local agricultural offices and other relevant stakeholders; and
- i. Conducting Nutrition Month quiz bees focusing on school gardening, food systems, and nutrition.

8. Materials related to the celebration may be accessed through the official website of the National Nutrition Council at [www.nnc.gov.ph](http://www.nnc.gov.ph). Additional resources to be developed by the Central Office will soon be available for access and download at <https://tinyurl.com/CO-2025-NMC>

9. Schools Division Offices are requested to submit relevant documents and highlights of their Nutrition Month celebrations via <https://tinyurl.com/2025-NUTMONTH> on or before **September 5, 2025**.

10. For more information, contact the Bureau of Learner Support Services School Health Division (BLSS-SHD), 3rd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email: [blss.shd@depd.gov.ph](mailto:blss.shd@depd.gov.ph) or at telephone number (02) 8632-9935.

11. Immediate dissemination of this Memorandum is desired.

*Carlito D. Rocafort*  
Digitally signed by  
Rocafort Carlito Dallsay  
Adobe Acrobat Reader  
version: 2023.006.20380  
**CARLITO D. ROCAFORT**  
Director IV



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