



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION  
SCHOOLS DIVISION OF SARANGANI

DEPARTMENT OF EDUCATION  
DIVISION OF SARANGANI  
**RELEASED**  
RECORDS UNIT

16 May 2025

**DIVISION MEMORANDUM**

No. **069** , s. 2025

DISSEMINATION OF REGIONAL MEMORANDUM ESSD-2025-110  
(CONDUCT OF NUTRITIONAL ASSESSMENT TO ALL LEARNERS)

To: Public Schools District Supervisors  
Public Elementary and Secondary School Heads

1. For the information, guidance, and appropriate action of all concerned, enclosed is a copy of the Regional Memorandum ESSD-2025-110 dated May 5, 2025, titled **Conduct of Nutritional Assessment to All Learners**.
2. For inquiries, contact Dr. Lyn Frances Dominique P. Gumban at 09182276157.
3. Immediate dissemination of this Memorandum is desired.

  
**RUTH L. ESTACIO PhD, CESO V**  
Schools Division Superintendent

Encl.: As stated  
Reference: As stated  
To be indicated in the Perpetual Index  
under the following subjects:

COMMUNICATIONS  
CORRESPONDENCE

LFDPG/SGOD-SHS/DM – dissemination of regional memorandum essd-2025-110  
(conduct of nutritional assessment to all learners)  
0439/May 16, 2025



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05 May 2025

REGIONAL MEMORANDUM  
ESSD-2025-110

**CONDUCT OF NUTRITIONAL ASSESSMENT TO ALL LEARNERS**

To: Schools Division Superintendents

- Relative to DepEd Memorandum No. 165 s 2010 on *Adoption of the 2007 World Health Organization-Child Growth Standards (WHO-CGS)* and *DepEd Memorandum No. 241 s 2010 "Change and Additional Information on DM # 165 s. 2010"*, nutritional assessment shall be conducted to all elementary and secondary learners.
- Starting School Year 2025-2026 it shall start every June-July and end in February-March of every school year. The school health and nutrition focal assisted by class advisers are responsible in the conduct of such assessments, while the school heads are responsible in providing the tools for the height and weight-taking. The ideal tool is a beam balance or platform scale with height board calibrated by the School Health Personnel once a year and validated before every weighing.
- Every Schools Division Office shall designate a focal person and shall submit reports on the Nutritional Status (NS) of school children on the following period:

	Baseline	Endline
School to District Office	30 <sup>th</sup> day of June	28 <sup>th</sup> /29 <sup>th</sup> of February
District Office to SDO	15 <sup>th</sup> day of July	15 <sup>th</sup> day of March
SDO to Regional Office	30 <sup>th</sup> day of July	30 <sup>th</sup> day of March
- As member of the Local Nutrition Committee, the division and district offices are requested to submit a copy of Nutritional Status Reports to the Provincial and Municipal Nutrition Committees using the NS Form 1 for elementary and NS form 2 for secondary.
- The Body Mass Index (BMI) app authored by Ronnie D. Caringal from DepEd Central Office shall be used for determining the nutritional status of learners and may be downloaded without modification at the school level.
- For inquiries and clarifications, you may reach through Ma. Lourdes A. Ines, ND II or Chrisdawn Yricka G. Roa, TA I of ESSD-SHS at number 083-2281667 or email at [sbfpregionxii@gmail.com](mailto:sbfpregionxii@gmail.com).
- For information and compliance of all concerned.

Digitally signed by  
Rocafort Carlito Dalisay  
Adobe Acrobat Reader  
version: 2023.006.20380  
**CARLITO D. ROCAFORT**  
Director IV



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Enclosure: None  
Reference: DM # 165 s 2010; DM #241 s 2010  
Allotment: None  
To be indicated in Perpetual Index  
under the following subjects:

LEARNER	PROGRAM
SCHOOL	

MLAI/ESSD-SHS/ RM-CONDUCT OF NUTRITIONAL ASSESSMENT TO ALL LEARNERS  
124/May 5, 2025



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