



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION
SCHOOLS DIVISION OF SARANGANI

31 Mar 2025

DIVISION MEMORANDUM

No. **051**, s. 2025

PHYSICAL EXAMINATION OF FIELD-BASED TEACHING AND NON-TEACHING
PERSONNEL FOR CALENDAR YEAR 2025


To: Public Schools District Supervisors
Public Elementary and Secondary School Heads

1. In compliance with DepEd Memorandum No. 22, s. 2015 dated 19 March 2015, titled **Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching Personnel)**, all field-based personnel in this Division are directed to undergo physical examination for the Calendar Year 2025.
2. This is to ensure that all employees are physically fit to perform their assigned tasks and functions, limit the risk of complications by monitoring existing health-related conditions, and provide baseline medical status to evaluate any occupational illness that might arise during employment.
3. The following diagnostic tests are required:
 - a. Complete Blood Count (CBC)
 - b. Chest X-ray (Sputum microscopy shall be required for pregnant women)
 - c. Urinalysis
 - d. Fasting Blood Sugar (FBS)
 - e. Cholesterol
 - f. Creatinine
 - g. Uric Acid
 - h. SGPT Blood Test
 - i. Abdominal Ultrasound (optional)
4. The validity of diagnostic tests is as follows:
 - a. CBC, Chest X-ray, Urinalysis – Not more than 1 month
 - b. FBS, Cholesterol, Creatinine, Uric Acid, SGPT – Not more than 3 months
5. The laboratory results must be attached to the Revised CS Form 86 to be signed by any government physician for medical clearance. The deadline for submission is May 31, 2025.
6. Failure to comply with this Memorandum shall be subject to disciplinary action pursuant to DepEd Order No. 49, s. 2006 (**Revised Rules of Procedure of the Department of Education in Administrative Cases**).
7. For inquiries, contact Dr. Lyn Frances Dominique P. Gumban at 0918-227-6157.



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8. Widest dissemination of this Memorandum is desired.


ATTY. NELYN B. FRINAL, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

Encl.: N o n e
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

RECOGNITION
GRADUATION

LFDPG/SGOD-SHS/DM – physical examination of field-based teaching
and non-teaching personnel for calendar year 2025
0341/March 31, 2025